

AMERICAN SAILING

DANCING WITH SEA PEARLS - ASA'S FIRST EXUMA CAYS FLOTILLA

This spring, a small group of adventurous sailors embarked on ASA's first-ever Exuma Islands, Bahamas, flotilla, hosted by Dallas and Tamara Knowles of Out Island Explorers.

The trip was unique in that it featured Sea Pearl 21s, small, cabinless, double-masted skiffs, instead of larger, chartered yachts. Without solid cabins to keep the sea and air and everything else out, we got to smell, taste, and absorb the magnificent Exuma Islands on this memorable flotilla. The following narrative is excerpted from the full story, available at www.asa.com/social_media.com.



Photos courtesy of Meghan Cleary

With the small, open Sea Pearl 21s, sailors got to experience the feel of being one with the ocean and the winds.

continued on page 3

ADVENTURES IN CRUISING • ASA MEMBER PHOTO SHOWCASE KICKS OFF ONLINE

In July, we hosted a competition on our Facebook page for the first ASA Photo of the Month. The guidelines were loose. We simply asked fans to post photos depicting “the sailing lifestyle”—whatever that meant to them. The result was a beautiful stream of photos in a rainbow of moods. From expressive fog shots to “bone in her teeth” action shots to sailing dog shots, the huge array of posted photos captured the beauty as well as the variety of the sailing lifestyle.

continued on page 4



“New Growth” Courtesy of Andrew Batchelor

INSIDE THIS ISSUE

- >> Featured Sailboat
Open 5.70
- >> Sailing Destination
Turkey
- >> Product Review
Flag & Knot Guide
- >> Member Profile
Rick Glaze
- >> Featured Facility
Bay Breeze
- >> Instructor Tips
The Main Traveler



Sailing With Style

We're excited announce the launch of our brand new monthly e-newsletter, *Sailing With Style!* The inaugural issue was sent out in the beginning of July—if you didn't receive it and you want to check it out, you can sign up on ASA's homepage (www.asa.com).

Sailing With Style is full of new content that you won't find in the *American Sailing Journal*—and it's delivered straight to your inbox. This month's issue kicked things off with how to book a great bareboat charter, an introduction to galley-friendly "container foods" (no dishes required), and "The Cockpit Lounge," an invitation to discover ASA on social media if you haven't already!

We are continuing to develop the newsletter's features, and over the coming months as the publication gets rolling, we'll be introducing a number of cool perks and links. Future issues will contain nautical trivia and humor, opportunities to "ask an expert," and of course, as a lifestyle publication, we're compelled to include some yacht fashion *dos* and *don'ts*.

One of the most exciting new features we're planning will be a Member Promo Deals Map, which collects all the promotions offered by ASA schools on a continuously updated map. You can peruse current discounts on classes in your area, or look for a deal on a "destination class" in another part of the country. This visual, geographic search tool will make it easy to find great deals on ASA schools and classes near you, and it provides a one-stop site to browse numerous sailing schools' promotions.

Lastly, all good newsletters begin with a killer photo, and we want *Sailing With Style* to feature your boats! We hosted our first Photo of the Month competition on Facebook in July, and fans voted on their favorites. The winner was featured in the August issue of *Sailing With Style*, and we look forward to repeating the Photo of the Month competition each month on Facebook. Send us pictures of your "sailing lifestyle!"

Meanwhile, make sure to sign up to receive *Sailing With Style*. We hope you enjoy it!

The Charley Noble

The oil spill in the Gulf of Mexico has affected a number of ASA sailing schools and charter companies, but so far the majority of damage to these businesses has been caused by the media frenzy, not the oil itself.

Of approximately 30 ASA schools in the Gulf on the Texas, Louisiana, Mississippi, Alabama, and Florida coasts, less than half a dozen have reported seeing any oil. Gulf Coast schools in Texas and in the central west and southwest of Florida remain oil free. Of these, nearly all the Texas and southwest Florida schools thankfully report no impact on their businesses despite the heavy media attention.



Unfortunately, schools in the central west Florida area are suffering heavily from the media fallout. Although locals continue to take sailing lessons or charter, out-of-state customers are canceling in

droves, largely due to geographic ignorance of the situation. Cities like St. Petersburg, Clearwater, Bradenton Beach, and Tampa Bay are fully open for business but suffering due to the public perception that their situation is the same as northwest Florida and Mississippi—where there actually is some oil present in the water and on beaches.

So if you are considering booking a class or trip in the Gulf, don't assume the worst before doing your research. The vast majority of our schools and charter companies there are fine—but they need you to stay in business! Let's all do whatever we can to support some of ASA's best and most beautiful schools in the Gulf!

"Charley Noble" is the old time nautical name for the smokestack over a galley ... So I'll try to keep any "hot air" in the American Sailing Journal confined to this column.

THE AMERICAN SAILING JOURNAL

www.american-sailing.com

info@american-sailing.com

ASA PRESIDENT Cynthia Shabes

ASA EXECUTIVE DIRECTOR Charlie Nobles

ASA EXECUTIVE EDITORS Heather Watt
Kathy Christensen

STORY EDITORS Heather Watt
Charlie Nobles

ART DIRECTOR Kathy Christensen



Here the flotilla of Sea Pearls rests off the shores of a small island in the tropical Exumas. Pinks, purples and blues color the skies and the waters as the sun goes down on another day of running with the winds of the Caribbean.

FEATURE STORY

continued from page 1

At nine o'clock on April 25, I was bumping down a Bahamian road on the island of Great Exuma, catching glimpses of the stunning Caribbean between passing trees. In the town of Barraterre, Out Island Explorers' fleet of Sea Pearls waited docilely at the dock. These four small Sea Pearl 21s were to be our homes for the week, carry all our gear, shelter, and food, and two to three people per boat. We exchanged nervous jokes as we sized up how small they seemed next to the wide windy Caribbean.

The Sea Pearl's open cockpit was flanked with seating almost the entire length, and the small bow held a fluke anchor cleated in place. Two identical masts, one forward and the other aft, stood unsupported by shrouds or stays. Long lead-weighted leeboards swung off the gunwales on either side, controlled by a simple cam-cleat arrangement on the rails. Rigging is a simple process: twin sails slide over the masts via sleeves along the luff, and they furl around the rotatable masts. To "hoist" the sails, you simply attach the clew to an outhaul line on the boom; since both sails are free-footed, they're easy to set without much effort.

Warm wind ruffled lacy waves in the bay as everyone loaded tents, camp chairs, snorkeling gear, drybags, and

You're next!

The ASA Exuma Islands Flotilla was such a hit we're repeating it next spring, April 30-May 7, 2011. There is limited space on the four Sea Pearls, so sign up soon and look forward to it all winter! Email Brenda at bw@american-sailing.com for further details.

icy coolers onto the boats. The scene in Baraterre looked as if it had been conjured on canvas by a painter. Cool, dense islands floated in an expansive pool of blue. Clusters of palm trees arched gracefully in the wind, and a colorful fish caught my eye as it flicked silently under the shaded dock. For the rest of the day, with Bob Marley beating rhythms, I watched the kaleidoscope of the Exumas unfold. The Sea Pearls' bright sails punctuated the horizon, gliding across alleys of electric emerald, skirting pools of "Bombay Sapphire blue." Enormous spotted eagle rays flew seven feet beneath us, and starfish sat clearly on the bottom.

Bahamian rhythm

At our camp, we splashed off with fresh water from the warm solar shower as fish crackled on the grill and the sun settled over the water—a sublime routine we would enjoy each night of the trip. Many mornings featured spiced omelettes and beachside mugs of coffee. Then we'd break camp, load up the boats, and sail mile



(Above) The skyline of New York towers majestically in the distance as a sail catches the wind in this submission by Myles Kellam. (Right) Birds find a good number of perches in this photo by Whitney Garner.

ADVENTURES IN CRUISING

continued from page 1

Each month we'll be hosting a new photo competition on Facebook so fans can share their best sailing shots with each other. When the submission period is over, we collect all the photos in a single album, and people vote with "likes" to choose the favorite photo of the month. Then, the winning photograph is featured large in our new monthly e-newsletter, *Sailing With Style*, which goes out to over 20,000 members!

We're all proud of our boats, and it's fun to share your photos with so many other sailors. It's also fun to see a snapshot album of ASA all over the country—seeing members' boats tucked away in quiet northern lakes, out in the blue Caribbean, or right down the coast from you makes our community feel more connected.

When I hosted the photo competition on Facebook, I was expecting many varied photographs from all corners of the country. The submissions ensured that the e-newsletter's Photo of the Month will be visually impactful. But what I hadn't counted on were the stories that would come along with some of these pictures. From now on, we'll be featuring one of the photos with a special story right here in each issue of the *American Sailing Journal*.

Take, for example, the photo of a sailboat at anchor in the purple sunset. This photo was submitted by Facebook fan Whitney Garner, who captioned "We were sailing last weekend on Lake Ouachita in Hot Springs, AR, and what seemed like thousands of birds were flying

around our sailboats.

They landed on the mast of our friend's boat—Cabo Wabo. I have never seen anything like it. Apparently the birds migrate to Lake Ouachita each summer and live on an island in the middle of the lake. After the sunset, they were in the trees making an amazing sound." We had a conversation about it and found out that they were Purple Martins. Boating in this unique place you get to experience something rare indeed—and in Whitney's case it made for an intriguing photo of Purple Martins in a purple sunset.

When Maura Seymour submitted a photo of a man sailing a Catalina 22, she captioned, "101 Graduate on his new Catalina 22 a few weeks after graduating! Preparing to bring his new boat into his slip on Sebago Lake." Then she went on to add the poignant backstory of how this man just beat cancer, bought this new boat, and now sails 100-plus times a season.

These are the kind of stories we'll be plucking out of the submissions pile and sharing from now on in future editions of the *American Sailing Journal*. I love hearing about what other ASA members are doing, and it's great to see pictures of your boats in beautiful places. We're looking forward to featuring your stories and photos—so make sure to sign in to Facebook and share your corner of the sailing world with ASA!

Meghan Cleary is ASA's Social Media Coordinator and an American Sailing Journal contributor.



Since 1989

800-441-8672

619-223-6253

www.sdsa.com

START BAREBOATING THIS SEASON!! Private Live-Aboard Sailing Programs

Do you dream of chartering a new beautiful sailing yacht in the Caribbean or reaching south to Mexico and beyond aboard your own voyaging yacht? Since 1989, it's been a reality for many of our students and it can be a reality for you too when you learn to sail from one of our ASA certified sailing instructors. Our sailing program is designed for those who are seeking the skills required to Bareboat Charter from an international company such as The Moorings or Sunsail; or are interested in private sailboat ownership. Through our sailing program you can become certified to expand your own sailing experience. Our sailing coaches are USCG licensed Yachtmasters and certified sailing instructors. We have been to many charter bases around the world, both professionally and as customers. We can tell you firsthand about different locations and fleets of sailboats around the world and help you plan your dream bareboat charter, or give unbiased advice on acquiring a family sailing yacht.

If you fly to San Diego, an SDSA.com instructor will meet you at San Diego's Lindberg Field and bring you to Shelter Island Yacht Basin. Upon arrival, you'll board one of our beautiful 30' sailboats. All are limited editions specifically purchased and outfitted to teach the art of sailing. All running rigging is color-coded and labeled. All of our yachts are equipped with all the gear sailors need to prepare for chartering including Stackpac mainsails, roller furling headsails, rigid boom vang, custom deck layouts, Yanmar and Universal inboard diesel engines, wheel steering, self-tailing winches, propane stoves, and BBQ's. There are also full linens and towels onboard for your comfort. Just show up and sail. Unlike other sailing schools, our private courses do not exceed two students.

After docking each evening, your instructor departs the boat and students may stay aboard to begin experiencing the fun, privacy, and thrill of life aboard a yacht.

The seven-day 103/104 ASA Basic Coastal Cruising/Bareboat Chartering certification is our most popular program. A typical day might include a 15-mile close reach in the ocean to Mission Bay, or you may set sail for South San Diego Bay where Glorietta Bay is located. You'll learn new skills like piloting, and sailing a yacht using a chart, the buoys, and the hand-bearing compass. You'll get practice at steering in waves, and gybing in the ocean. Heaving to, reefing, man overboard recovery, docking under sail and power are all taught in this class. Students will practice planning a sailing trip on the spot with various wind and tide conditions and pick the best locations for the day. Late in the afternoon, students will dock and the instructor departs the boat.

At the end of this class, students get to bareboat on their own for two days. You'll leave with an ASA Bareboat Chartering Certificate, two days of logged bareboat time and a confidence that can only be gained through experience.

email: sailing@SDSA.com



Confidence Through Experience

Prices indicated are for TWO (2) STUDENTS, GROUND TRANSPORTATION AND PRIVATE LIVE-ABOARD PRIVILEGES!			
ASA/Certification Cert Levels	3-Day	5-Day	7-Day
101/103 BS/BCC	\$2,100	\$2,600	\$3,100
101/103/104 BS/BCC/BB	CHALLENGE CLASS \$2,300	\$2,800	\$3,300
103/104 BCC/BB	\$2,150	\$2,650	\$3,150
104/105/106 BB/CN/ACC	\$2,900	\$3,400	\$3,900
104/105/106 BB/CN/ACC Catalina 42	\$3,900	\$4,650	\$5,400
YES! These prices are for two people, NOT per Person! There are no additional charges associated with our course!			
***For the best learning experience, take the 7-day, 5 days of instruction, followed by two beautiful days of solo bareboat sailing.			

NEW Now Available: Bristol yachts for Bareboat Charter. No club to join. ASA 103 or Higher. Professional deckhands available. All yachts are equipped with furling, windlass, autopilot, GPS, RADAR, chartplotter, inverter, dinghy bbq grill and more. Go to Mexico or Catalina or just enjoy our new end tie at the Kona Kai Resort.

2002 Catalina 42 MK II 2 cabin pullman, 2004 Hunter 41 2 cabin aft master, \$2450/week or \$7700/month. Insurance included. See www.sdsa.com for details.

FEATURE

continued from page 3

Then we'd break camp, load up the boats, and sail mile after mile of crystal blue water and sparkling white beaches. We dropped anchor often to walk through fields of ancient grey and vibrant pink conch shells, hike to a deserted German castle or cool cave, stroll a "living sand bar" exposed only at low tide, or dive beneath it all to silently observe the colorful underwater reef world.

Our guides, Dallas and Ian, often fished for our dinner with their spears. A few people tried to follow suit, but I was content to trail our guides underwater as they free-dived for grouper and triggerfish. Again and again, Dallas shoved his arm inside a reef to startle out dozens of rainbow-colored fish. Quick as one of them, he would dive down, shoot, and rise, victoriously holding the speared fish in one arm above the water as he swam back to the boat.

The days that followed roll into one beautiful memory. We sailed further into the remote silence of the outer cays, threading our way through a string of tiny islands toward the Exuma Land and Sea Park. The beaches grew whiter and finer in each bight. We showered outside under flaming sunsets, fed prehistoric iguanas, and ate hot dogs on a snow-white spit of sand straight out of a travel brochure.

The ultimate experience

Over the course of the week, we discovered that Sea Pearls are just small enough to be tender and peppy and just large enough to divert most spray and stabilize atop the waves. Their shallow draft and flat bottom means they can skim right up to ankle-deep beach surf and rest comfortably on the sand during a low tide. The warm breeze tugged our sails with regular gusts, forcing us to assume the fluid dance of hiking way out, leaning in as it eased, anticipating the next puff with a perfectly timed hike, and relaxing again. At one point I thought, how poetic—we're dancing with Sea Pearls.

When we dropped anchor on Cambridge Cay, I jumped into waist-deep water that was clean as a pool. The sand was silky soft, and there was not a single growth of anything marring its perfect white ripples. Small schools



While sailing in smaller boats, the crews were afforded the opportunity to spend each night in a new locale, enjoying delicious meals (above) and meeting some of the islands' more unusual inhabitants, as seen in this photo of sailors feeding one of the islands' iguanas (left).

of flashing silver angelfish darted by, and I saw a lone starfish relaxing in the shallows. Knowing it was our last night to pitch our tents, and stunned by the beauty of the beach, we all got a bit sentimental, and enjoyed a late night under a full moon with a bottle of

local "gin." I'm quite sure I hugged Dallas and Ian in the morning for waking us up with fresh coconut-bread French toast and steaming coffee, and I know I dragged my feet through that powered sand when it was time to break camp for the last time.

We all went to the Bahamas because it's a beautiful place, and this flotilla offered a way to experience that natural brilliance fully, physically, tangibly. But perhaps what none of us were expecting was just how close we would all feel to one another after it was over—having sailed, sweat, supported, discovered, and laughed together, our group was knit tightly by the end of the week. I'd do it again in a heartbeat—and meanwhile, I'll daydream about having my hand on the tiller of a Sea Pearl with my back to the wind.

Meghan Cleary is ASA's Social Media Coordinator. Check out more pictures from this trip on ASA's Facebook fan page, and read the full story of the 2010 Exuma Islands Flotilla on our blog: www.asa.com/social_media.



ASA MEMBER PRODUCT REVIEW

by Don Laverty

The ASA laminated card “Knots to Know and Nautical Flags” is a practical accessory in any sailor’s gear bag or chart table. One side of the card shows nautical flags; the other side shows six common knots that all sailors need to know.

I plan to keep one of these cards on my boat and give a second card to my newbie beginner crewmembers to allow them to practice knots at home and to hop on board any boat with “knot-tying confidence.”

Regarding the guide to nautical flags, I compared this guide to the one currently aboard my vessel, an adhesive sticker above my chart table (you can see it in the accompanying picture), and the guide in the back of the *Racing Rules of Sailing* book. What I like most about the ASA card is that it has both the traditional nautical meaning of each flag, as well as the racing meaning. My “sticker guide” only mentions traditional nautical meanings, and the RRS book only mentions racing meanings.

I did find one discrepancy; the card does not show the “Black Flag” which is related to RRS rule 30.3. If this flag is flown at the start of a race, you will be disqualified if you cross the line before the start signal. In my amateur career as a casual PHRF racer, I have yet to see this flag displayed on any Race Committee Boat, but I think it is important and should be on the guide, since it’s tied to a significant RRS rule.

As a cruiser, the times I have seen a yacht or recreational vessel use flags for important traditional/non-racing purposes has been when moored and awaiting customs (yellow/quarantine/Quebec flag), and of course, the “Diver Down” flags (Alpha and U.S. Diver Flag).

Regarding the “Knots to Know” guide, I believe all the most useful knots are covered on the card. They are the Bowline, the Figure Eight, Cleat Hitch, Clove Hitch, Round Turn & Two Half Hitches, and the Square Knot. Six knots seems like a good number for the newbie sailor to focus on learning. There are a number of additional knots not mentioned, but all the basic ones are, and these should cover all normal knot use situations aboard a recreational vessel.

I’m glad to see that a couple of things are mentioned: that the Cleat Knot is often tied wrong and often



(Above) Author Don Laverty has his “Knots to Know and Nautical Flags” handy in his nav station. (Below) This laminated card has the most-used knots and those “need to know” flags.



overdone with unnecessary extra turns, and that the Clove Hitch may come loose if used for the wrong application.

My advice to all those readers that already have these knots mastered: try learning to tie a Clove Hitch around a post or dock piling using one hand and a rope loop flip technique, I have watched locals in the Bahamas perform this faster than you could say, “How’d you do that?”

Better yet, learn to tie a Bowline with one hand (Very useful for blue-water foredeck work). After years of trying, I’m still working to master those two.

For members looking for this quick reference guide, go to our store at ASA.com for information and pricing.

FEATURED SAILBOAT • THE OPEN 5.70

The Open 5.70 was designed by renowned French sailing architect Jean-Marie Finot. Since the boat was first built in 2004, it has grown in Europe, and more recently here in the USA, to be one of the largest one-design sport boat classes. Offering a perfect blend of performance, excitement, simplicity and safety, it appeals to a wide spectrum of sailors. Whether it is day-sailing or one-design racing, the Open 5.70 guarantees a great sailing experience in almost any conditions.



The boat can be easily sailed single-handed, double-handed or with a crew of three. The spacious, ergonomic cockpit makes it comfortable to sail. Its exceptional stability ensures the boat is easy to handle in all conditions forgiving those who are new to high performance sportboat sailing while still challenging those who are experienced.

Expanding on good design

The Open 5.70 borrows some interesting design cues from some of the most modern boats in the world of sailing, such as the Open 60. The modern hull design has a large, flat section towards the stern of the boat that makes it ideal for planing downwind. The wide beam of the boat and its torpedo fin keel (weighing a total of 405 pounds) gives the boat a lot of righting moment both upwind and downwind.

The Open 5.70 also features a twin rudder setup which allows the rudder blades to be smaller, reducing drag and angled so they are vertical upwind in order to maximize efficiency. Having two rudders also makes the boat very maneuverable and provides a remarkable level of control, even in more extreme conditions as one of the rudders is always in the water keeping you out of trouble. The main and the jib are made out of Pentex, which combines excellent performance with good durability.

The square top main sail provides significant advantages. The most noticeable difference is the additional sail area up high. In light winds the benefit is simple, more sail area means more power. In strong or gusty winds, the



The Open 5.70 allows sailors to pick their own colors, (top) and its spacious cockpit holds three sailors comfortably (below).

square top causes the sail to twist, flattening the sail and de-powering it, making the boat more stable and more forgiving. The full-length battens also have advantages including better shape-holding ability, longer life and easier handling.

The jib is battenless and only slightly overlapping, making it easy to tack and furl. The asymmetrical spinnaker is halfway between a runner and a reacher. In light air, when there isn't enough wind to plane, the sail can be rotated to windward in order to allow the boat to sail deeper downwind. Once the breeze gets to 12 or more knots, the spinnaker provides plenty of horsepower to get the boat on a plane.

continued on page 10

ASA MEMBER PROFILE • RICK GLAZE

By Michelle Hurni

Rick Glaze taught himself to sail on a Styrofoam boat in the 1970s, but when he got on his first “big boat” in 2003 in the British Virgin Islands, his talent for writing songs about sailing captured his newfound love.

A native of Nashville, Tenn., Rick first wrote songs in high school about the meaning of life. That matured after he moved to San Francisco 25 years ago. His first CD, *Silicon Cowboy*, is about the riches to rags stories of the dot com technology bust in his home area.

Sailing crept into his writing before he got seriously involved in the sport, namely with his song “Beach Down in the Islands.” He was reading John Grisham’s *The Pelican Brief* and liked the idea of an escape plan to the islands. Images of a remote island turned around in his head and the next morning, he walked straight to the piano and wrote the song in one sitting.

“Beach Down in the Islands” is just one of twelve songs on his latest CD, *Anegada Caribbean Breeze*. The songs are reminiscent of Jimmy Buffett; and, even if you’re landlocked, you can escape and feel the Caribbean breeze blowing as you listen to the CD.

Anegada is a poetic name and Rick fell in love with it before he’d ever set eyes on the remote reef island. With his first experience sailing on a close reach from Virgin Gorda to Anegada, the fiery-red sunset and enormous lobsters inspired not just the CD, but the track “Anegada.”

In December 2009, Rick traveled through the British Virgin Islands in a way few have, touring four islands and playing acoustic music in the beach ambiance of Tortola at Village Cay Marina, Marina Cay, Anegada and Foxy’s Bar on Jost Van Dyke. If you’re in the Islands, pick up his CD at various locations, including Foxy’s and the Soggy Dollar.



Photos courtesy of Rick Glaze.

(Above) Rick Glaze hangs out during his BVI tour with Foxy, on Jost Van Dyke. (Below) Rick performing “Anegada Caribbean Breeze” with Gene Wall Cole at Foxy’s.



For more information

Bring Rick’s music into your home on RickGlaze.com, and let your soul be touched as you are transported to the Caribbean, where the breeze is always blowing.

Songs come to him when he’s sailing in the BVIs and the San Francisco Bay, where he jots down notes and impressions, using phrases from the normal course of sailing for his song ideas.

His writing doesn’t stop with music, or the financial articles he writes for bay-area newspapers.

His political novel, *The Middle Fork*, takes on water of another kind,

kayaking, in an adventure fueled by adrenaline and suspense.

Rick has two daughters, and a great first mate, Nancy, whom he proudly claims, “can hook a mooring ball.” Together, they became bareboat skippers through Spinnaker Sailing in Redwood City, Calif.

FEATURED SAILBOAT

continued from page 8

In a good breeze, the Open 5.70 is capable of sailing at speeds in the high teens and beyond while remaining extremely controllable.

On the road

Taking the Open 5.70 on the road is an adventure, not a hassle. It doesn't take a large, powerful car or SUV to trailer an Open 5.70. Since the total weight of the trailer with the boat, the sails and some gear is only about 1,400 pounds, even a VW Beetle is up to the task. Preparing the boat for the road or even rigging the boat after traveling can be done by one person if necessary. The aluminum mast is stepped inside the cockpit and can be secured at the base with a safety pin when it is being put up and down. With the boom attached to a collar, the mast can be safely erected and remain freestanding without having to attach the head stay or shrouds. With two experienced people, it's possible to go from sailing on the bay to driving on the freeway in less than 90 minutes.

Find out more

The North American Class Association has a strong presence on the west coast; in 2010, the Open 5.70 has been the largest one-design class at all the premium Southern California regattas, including Long Beach Race Week where there were 15 Open 5.70s on the starting line. The class is building momentum, and fleets are starting to appear in other areas of the U.S., including San Francisco and New England. The Class Association brings a great deal of support and resources to the Open 5.70 owners. Its website contains everything from the latest news, events, photos, videos, and even forums for discussing how to get the most fun out of your Open 5.70.

In the United States, the boats are built in southern California by Open Sailing. A brand new Open 5.70 starts at \$28,995 including a set of one-design sails (main, jib and asymmetrical spinnaker). As if the boat were not unique and exciting enough, it can also be ordered in any color you choose!

For sailing opportunities - including demo sails, private instruction and ASA 101 courses - you can visit the Open Sailing High Performance Sailing Center at 4695 Admiralty Way in Marina del Rey, Calif. Article by Nik Vale.

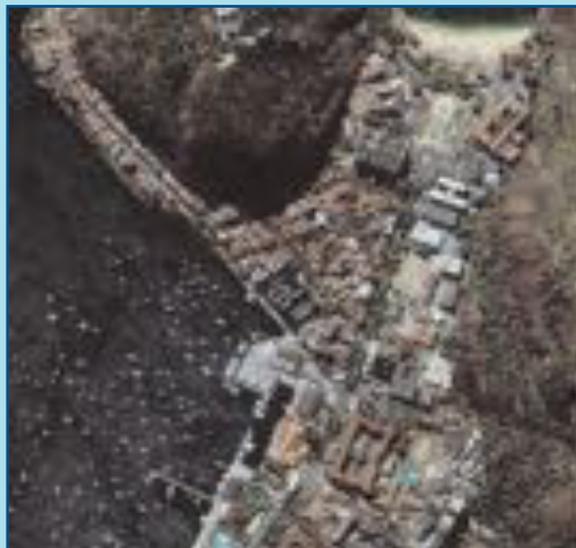


With its unique design, the Open 5.70s can easily be trailered to the nearest racing venue. In 2010, the Open 5.70 has been the largest one-design class at all the premium Southern California regattas. Fifteen Open 5.70s started the Long Beach Race Week.

For more information

For more information on the Open 5.70, visit www.opensailingusa.com.

WHERE AM I?



© 2007 - GeoEye - All rights reserved



GULFCOAST SAILING AND CRUISING SCHOOL
 LEARN TO SAIL THE RIGHT WAY!
 IN SUBTROPICAL PUNTA GORDA, FLORIDA

Learn to sail the right way and become a confident and knowledgeable sailor with southeast Florida's leading ASA sailing school.

List-serve and non-fee-serve programs. From basic boatboating to bareboat charter and advanced coastal cruising.

On meticulously maintained monohulls and catamarans from the **teaching yachts fleet**

ASA Boatboating (100)
 ASA Coastal Cruising (100)
 ASA Bareboat Charter and Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)

Learn to sail the right way and become a confident and knowledgeable sailor with southeast Florida's leading ASA sailing school.

List-serve and non-fee-serve programs. From basic boatboating to bareboat charter and advanced coastal cruising.

On meticulously maintained monohulls and catamarans from the **teaching yachts fleet**

ASA Boatboating (100)
 ASA Coastal Cruising (100)
 ASA Bareboat Charter and Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)

Learn to sail the right way and become a confident and knowledgeable sailor with southeast Florida's leading ASA sailing school.

List-serve and non-fee-serve programs. From basic boatboating to bareboat charter and advanced coastal cruising.

On meticulously maintained monohulls and catamarans from the **teaching yachts fleet**

ASA Boatboating (100)
 ASA Coastal Cruising (100)
 ASA Bareboat Charter and Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)

Learn to sail the right way and become a confident and knowledgeable sailor with southeast Florida's leading ASA sailing school.

List-serve and non-fee-serve programs. From basic boatboating to bareboat charter and advanced coastal cruising.

On meticulously maintained monohulls and catamarans from the **teaching yachts fleet**

ASA Boatboating (100)
 ASA Coastal Cruising (100)
 ASA Bareboat Charter and Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)
 ASA Coastal Cruising (104)



Northern Breezes Great Courses, New Adventures.
Best of Minnesota 2008 & 2009

Caribbean Vacation Courses
 Fall, Fall, Breeze ...

On the right sea boat, the sea breeze to meet your body wherever white sand and turquoise blue sea. Our senior instructor will be a total cruise master!

- Florida - Fun Departure - Basic Cruising/Bareboat - Cruising Nuthut - Sail & Dive
- Advanced Coastal Cruising (104)
- Advanced Coastal Cruising (104)

Start Fulfilling Your Dream

The Crew
 Your Assistant Captain
 Captain and Three Crew
 Plus Captain's Mate, Instructor
 Instructor and Captain's Mate
 Ferry Pilotage and Sea Engineer, and
 Marine Police/Boat Club Liaison

Check Out our Complete Line-Up of Courses and Adventures.
 10 Courses, 8 Locations, Charters, Boat Club

Northern Breezes Sailing School
 10000 Lake Ave. N., Minneapolis, MN 55428
 763-542-9707

www.northernbreezesailing.com
 www.northernbreezesailing.com

SAILING DESTINATION

Sailing and Dining in Exotic Turkey



From the shade of this exotic tea room, patrons admire a view of land, sea and vessels.

I looked at Turkey a short mile or two across the Strait of Samos from our yacht anchored in the Bay of Pathagoris on the Greek island of Samos. Green, lush, mountainous and mysterious, she called to me. It truly is where the east meets the west. Turkey is a land of contrasts, traditional and contemporary with regard to culture, fashion, religion, food and sailing. I was really looking forward to exploring this land, as it abounds with archaeological ruins dating from the dawn of civilization. A country once inhabited by various Anatolian tribes, Turkey was conquered and occupied by Persians, Egyptians, Greeks, Romans, Byzantines, Arabs, Ottoman Turks and finally established independence in the 1920s under Ataturk.

We planned to leave Samos and sail to

Yalikavak Marina, a port of entry on the northeastern side of the Bodrum Peninsula. We provisioned at the mini market at the marina that somehow always seemed to have everything you needed. The first mate and I planned our route to arrive the next afternoon in Yalikavak. As we neared the coastline, we lowered the Greek flag and raised the Turkish flag with the yellow quarantine flag above it. Ashore were steep inclines stacked with white houses featuring gardens with flowers and bougainvillea everywhere. Minarets of the mosques came into view as we sailed into the harbor. We hailed the marina on the VHF and found our way in to our dock where we Med moored bow to the quay.

Yalikavak is a beautiful, modern and upscale marina with restaurants,

markets, boutiques and, of course, a full service ship yard for all your yachting needs. It is also the home of Aura Yachting, a company which offers a selection of bareboat charter yachts, all flying the U.S. flag. Apparently there is a tax break in Turkey for U.S. flagged yachts, so they are visible everywhere.

Turkey's distinctive culture

We thought we were back in the U.S. until we heard the afternoon call to prayer being piped out of the local mosque. No, we weren't in Kansas anymore! The Muslim is called to prayer five times a day. Beginning at dawn and ending about two hours after sunset, this would become a familiar sound that we could set our clocks to over the next six weeks. We checked in with the marina and hired an agent to

• *By Captain Valerie Weingrad, Custom Sailing Ltd.*

For more information

To find out more about sites you may want to see in this beautiful country, visit www.goturkey.com or www.tourismturkey.org for additional information on Turkey.

handle all the various paperwork required when entering Turkey by sea. Five hours and 200€ later, we were legal. It included a 90-day visa and a mandatory transit log, which is required for both private and charter yachts.

If you don't arrive in Turkey by sea as I did, you can book a flight from the states directly into Istanbul. From Istanbul you can take a local flight to Bodrum where many charter companies are based. Two that I am familiar with are Pupa Yachting and Aura Yachting. Sunsail also operates a base from Turgutreis which is 12 miles away.

The Turkish coast, with over 5,100 miles of shoreline, is a treasure chest of gulfs, coves, bays, inlets and beaches. It is also a journey back in time, with many archaeological sites, castles and temples that reflect Turkey's importance in ancient and medieval times. The coast is divided into four yacht charter areas: The Ionian coast which includes Bodrum; the Carioan coast is Bodrum to Marmaris; the west Lycian coast is Marmaris o Fetiye; and the east Lycian Coast is Fetiye to Antalya. In addition to private yachts and charter boats, one can see the traditional wooded gulleets everywhere, ranging from 40 feet to 150 feet and used for the traditional blue cruises through Turkish and Greek waters.

We started our cruise from Yalikavak and made our way south to Gumuluk, built on the top of the ancient city of Myndos, one of my favorite places on the Bodrum peninsula. Gumuluk has retained its identity as a village, and offers fisherman restaurants that



(Above) A fish dinner at Gumuluk is accompanied by beautiful local olives, lemon slices, bread, wine and other freshly made delicacies. (Below) A mermaid gazes out at English Harbor as a ship rests quietly at mooring in the background.

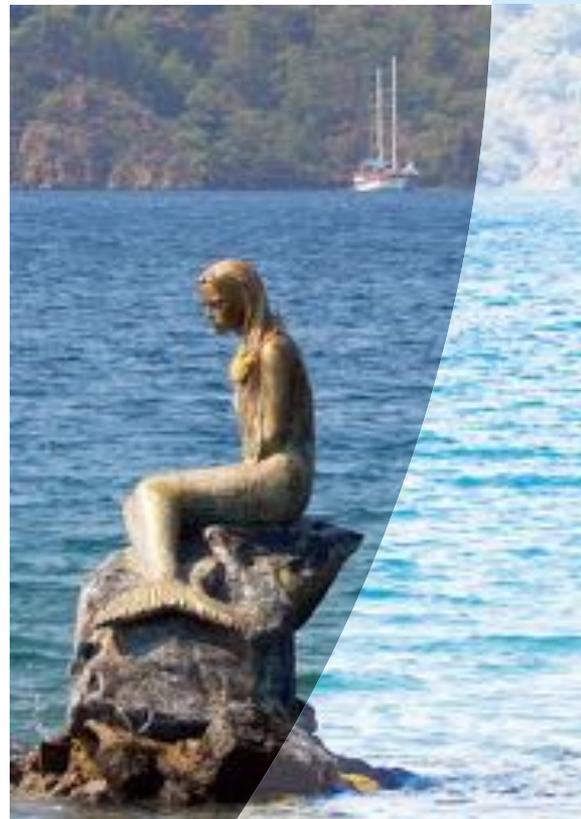
feature the freshest of everything right from the sea. We had an amazing fish dinner with all the accompanying mezza.

Ah, the food!

It was the start of a six-week love affair with Turkish cuisine! The next morning we found our way past the touristy restaurants to a shaded table where we sat among the "old men." I had my first real Turkish coffee and then had to try the tea because it looked so interesting. The waiters quickly materialized with tea served in small glasses on silver trays, and each glass was accompanied by two sugar cubes and a petite spoon. Turkish chai (tea) would become a daily ritual for me while in Turkey.

That morning we weighed anchor and headed south toward Bodrum, the first yachting center in Turkey.

continued on next page





(From top clockwise) A Turkish woman makes gozleme, the dough will be sprinkled with olive oil, herbs, greens and feta before being baked; a traditional mezza; grape leaves stuffed with lamb and rice accompany tiny lamb raviolis with yogurt sauce; chicken kebabs with barley, tomato relish and arugula; Turkish Chai with a snack.

SAILING DESTINATION

continued from previous page

Surrounded by a wild mountainous area, it offers history, mythology and spectacular scenery. Tourism has made the city prosper. Today, Turkey is picturesque, friendly and slightly westernized with a strong Venetian influence. There are amazing markets that sell everything from the freshest, just-picked produce to designer extravagances. One experience you don't want to miss is the Bodrum Hamam, a traditional Turkish bath. Today, as in the past, the hamam is more than just a place for bathing. It is a popular social institution, a place where rich and poor, young and old meet to mingle and gossip.

Overlooking the port is the medieval Castle of St. Peter, which houses an interesting museum with an important collection of ancient glass and marine objects. The city is also home to one of the Seven Wonders of the World, the tomb of Mausolus, a grave built by the widow of Mausolus who ruled Halicarnassos during the third century B.C. Today, Bodrum is primarily devoted to the more hedonistic pleasures of boating, bronzing and boozing, and has therefore been nicknamed "Bedroom." It houses an outdoor discotheque "Halikarnas Hotel," where the jet-set can be seen dancing late at night among ancient pillars and laser beams. With its

abundance of pubs and clubs, Bodrum is a party town. Just remember to bring your earplugs if you anchor in Bodrum Harbor. Music blaring from competing clubs continues into the wee, wee hours of the morning!

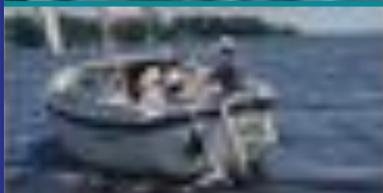
We left the frenzy of Bodrum midmorning and headed east into the Gokova Gulf with the wind behind us. One can easily spend a week or two here. Plan your itinerary accordingly. The winds are quiet in the morning and pick up in the afternoon and always blow from the west or northwest.

We sailed into Cokertme where a small boat came out to greet us; we chose to moor at Kaptan Ibrahim's restaurant. The docks in the small villages and harbors are owned by the restaurant owners and one can stay for free with electric and water, but you and your crew must dine at their restaurant. This did not present a problem because the food was always fresh, and cooked to order in large outdoor wood burning ovens. We tried the grilled fish, the kefte (spicy grilled meatballs) and the kebobs along with the various mezza that Turkey is famous for. After dinner Kaptain Ibrahim himself came over to our table to see how we were enjoying our meal. He looked at my friend and asked "Is this your wife?" He answered no. The Kaptain said with a grin "I have three wives and 12 children and they all work for me!"

continued on page 18

Nelson has it all . . .

New Jersey's *complete* sailing center.



Come experience some of the nation's greatest sailing on the beautiful Toms River and Barnegat Bay. Receive sailing instruction from ASA top rated instructors and certified United States Coast Guard Captains while enjoying our friendly staff and excellent privately owned facility. Located just minutes off the Garden State Parkway at Exit 82, you will also find ocean and bay beaches and shore attractions easily reached by boat or car.



Premier ASA Sailing School

- Basic Keelboat
- Basic Coastal Cruising
- Bareboat Chartering
- Advanced Coastal Cruising
- Cruising Catamaran
- Coastal Navigation

- We Teach on *Our* Boats or *Yours*
- Corporate Team Building
- Kids Programs
- Girl Scouts
- Boy Scouts
- Private Lessons
- New Jersey Safe Boating Courses

Largest Rental Fleet in the Northeast

- 35 Sailboats (from 16' keelboats to 38' catamarans!)
- Rent for 3 Hours up to a Full Season!
- USCG Auxiliary Inspections prior to Every Season

- Crewed Charters
- Sailboat Rides
- Sunset and Dinner Cruises
- Gourmet Catering Available

- Winter Session in the Caribbean!

ph. (732) 270-6510
email: nelsonsailing@comcast.net
www.nelsonsailingcenter.com

PO Box 386
12 Lake Drive
Island Heights, NJ 08732

Located on beautiful Galveston Bay 25 minutes from downtown Houston




We Survived Hurricane Ike!

Outstanding Sailing School 2006



Year round sailing

- Bareboat/Captained Charters
 - 1/2 Day, Full Day & Weekly Charters
- Sunset Cruises (2 hrs)
- Boat & Breakfast
- ASA Sailing School
 - 101 Basic Keelboat
 - 103 Basic Coastal Cruising
 - 104 Bareboat Chartering
 - 105 Coastal Navigation
 - 106 Advanced Coastal Cruising
 - 114 Cruising Catamaran
- Team Building



(281) 334-4606

505 Bradford Ave., Kemah, TX 77565, e-mail southcoast@southcoastsailing.com

www.southcoastsailing.com

San Juan Sailing

Bellingham, WA



Over 25 years experience. Basic to Bareboat Charter Certification on a week-long, hands-on Learn-N-Cruise out in the beautiful San Juan Islands. Also weekend, catamaran, Coastal Navigation, and Advanced classes.

CHARTER

80 European Yachts
Since 1977



SCHOOL



www.sanjuansailing.com 1-800-677-7245

More

choice of yachts than any other company

ASA members get special rewards!
Call for details now!



More exciting destinations

More fun ways to sail

More experienced and friendly staff

More value for money

It's no wonder more people sail with SunSail than anyone else

Ask about our ASA courses in the U.S. Call 877 797 5339 www.sun sail.com











NATIONAL MARINE UNDERWRITERS
3000 South 1st Street, Suite 100, San Diego, CA 92161

For more information, please call:
 1-800-854-8122 (toll-free)
 1-619-252-4400

or visit our website at:
www.NMU.com

2010 Year and International Marine Industry
 2010 Year and International Marine Industry

2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry

2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry

2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry

2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry
 2010 Year and International Marine Industry

SDPBA *San Diego Powerboating Academy*
Professional Powerboating Instruction

www.sdpba.com

•RPBA Certified•Private liveaboard 3,5,7 day classes•
 •Powerboat Bareboat Charters•

**SOMETIMES YOU NEED A POWERBOAT.
 GET CERTIFIED.**

*Ask about
 co nav*

800-441-8672 619-223-6253
info@sdsa.com

<i>Confidence Through Experience</i>			
Prices indicated are for TWO (2) STUDENTS, GROUND TRANSPORTATION AND PRIVATE LIVE-ABOARD PRIVILEGES!			
Certification Levels	3-Day	5-Day	7-Day
101/103 BP/BCC	\$2,100	\$2,600	SN/A
101/103/104 BP/BCC/BB	CHALLENGE CLASS \$2,850	\$3,350	\$3,900
103/104 BCC/BB	\$2,100	\$2,600	SN/A
104/105/106 BB/CN/ACC	\$2,850	\$3,350	\$3,850
104/105/106 BB/CN/ACC Night time Certification	\$3,850	\$4,600	\$5,350
105 Coastal Navigation – Home Study \$250			
YES! These prices are for two people, NOT per Person! Fuel not included.			
***For the best learning experience, take the 7-day, 5 days of instruction, followed by two beautiful days of solo bareboat powerboating.			

NEW Now Available: Bristol yachts for Bareboat Charter. No club to join. ASA 103 or Higher. Professional deckhands available. All yachts are equipped with furling, windlass, autopilot, GPS, RADAR, chartplotter, inverter, dinghy bbq grill and more. Go to Mexico or Catalina or just enjoy our new end tie at the Kona Kai Resort.

1999 Bayliner 3388 now available, 2002 Catalina 42 MK II 2 cabin pullman, 2004 Hunter 41 2 cabin aft master. See www.sdpba.com for details.



(Above) A traditional Turkish gullet rests in Bodrum Harbor with St. Peter's Castle in the background. (Below) A gullet glides along atop smooth, blue waters as a more modern-looking vessel motors behind it.

SAILING DESTINATION

continued from page 14

I was rather amazed, but hey, when in Cokertme! We spent several days here exploring ruins, trying the different foods and wines and sipping tea in the outdoor tea room perched on the side of a cliff while sitting on cushions overlooking the sea and watching the traditional gullets sail by. This was a magical little village. From Cokertme we headed east to Akbuk: green, lush and surrounded by mountains. A freshwater stream runs into the salty bay, which makes for some interesting sea life. This is an area where many Turks vacation in the summer so there are caravan parks, camping and restaurants, as well as small shops where one can pick up provisions. It was hard to leave Akbuk. The beauty of our surroundings was mesmerizing.

Next stop was Degirmen Buku known as English Harbor because British torpedo boats hid here during World War II. It's a popular venue with plenty of sheltered coves to accommodate yachts and gullets. As we sailed in, we meandered into and around the entrance into what seemed like a lake. The water was flat, the wind was blowing and it was incredibly beautiful. We made our way in and moored at Kaptain's Restaurant. It was just another delightful village with friendly people and marvelous food. Once we walked up the dirt road and past the cows grazing near the water's edge, we found a little place for tea. They had fresh veggies from the garden and local white wine we could take back to the boat. The owner, a retired captain, also had a gullet for sale if I was interested!

Turkey is a budding location on the charter's radar and a long-known place for the Mediterranean cruising sailor.



For more information

For more information on cruising in Turkey and the Greek Islands contact Captain Valerie Weingrad of Custom Sailing, Ltd., at Valerie@customsailing.net or 770-517-2992. Visit their website at www.customsailing.net.

The sailing is varied. Brush up on your Med mooring skills and when at anchor be ready to run a line off the stern to shore in order secure the boat. The water is deep and you will be anchoring close to shore with other yachts and gullets so there is no room to swing. The weather offers exciting as well as predictable sailing conditions.

Turkey's currency is the Turkish Lira which makes it a very affordable cruising ground. Try to visit before Turkey is admitted to the EU when prices will inevitably go up. Being sup-tropical, Turkey enjoys cloudless blue skies and pleasant warm weather from April through October.

wow!

You should be on the water too!



It's easy.

NauticShare offers access to the finest boats and sailing centers as your local equivalent of a fraction of the cost of boat ownership. Members enjoy time on the water with family and friends, yet have none of the responsibilities or hassles of owning a boat: no storage charges, no maintenance or repairs, no insurance premiums, and no winter fees.

NauticShare accommodates the lifestyle, experience, and budget of almost any boater with three Membership Plans—starting at just a few hundred dollars a month. Members plan their own cruising times on NauticShare's well-stocked and fully crewed boats, perfectly prepared and impeccably maintained each time they step aboard.

You haven't sailed, now it's time to get on the water! This is actually very exciting.

NauticShare Offers:
Sailing Yachts 27'-39'
Power Yachts 34'-48'

Start a NauticShare business in your local waterway!

NAUTIC  SHARE
Seasonally Fair Boating

Local Business Owner: 800-844-7474, 800-844-7474
10114 17th Ave SW, Seattle, WA 98148

Bay Breeze

Yacht Charters
Sailing School
Yacht Management

Explore Your Own Backyard This Summer



Sailing paradise is closer than you think. Michigan's Grand Traverse Bay is one of the prettiest places you can sail in the world and it's right in your backyard. Sparkling fresh water, protected harbors and comfortably cool summer winds all await you when you sail America's fresh coast.



ASA Affiliated Sailing School

Live Aboard Lessons Available for all Skill Levels
Awarded "School of the Year"

www.bbyc.com
Traverse City, MI



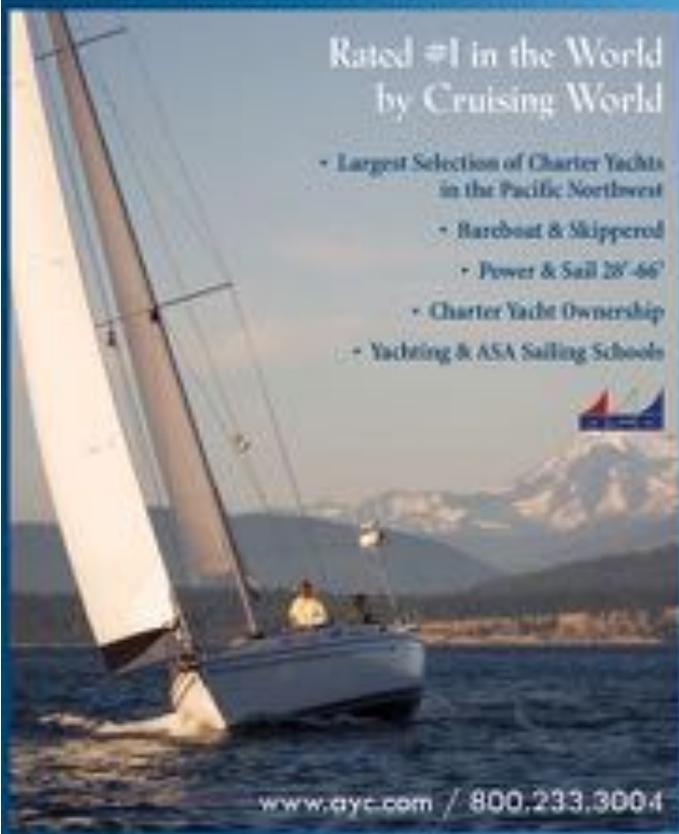
Call Now to Reserve Your Favorite Boat & Dates 877.941.0535

ANACORTES YACHT CHARTERS

PACIFIC NORTHWEST ADVENTURES

Rated #1 in the World
by Cruising World

- Largest Selection of Charter Yachts in the Pacific Northwest
- Bareboat & Skippered
- Power & Sail 28'-66'
- Charter Yacht Ownership
- Yachting & ASA Sailing Schools



www.ayc.com / 800.233.3004

Blue Water Sailing Magazine and Cruising Compass

Present

Couples Cruising Seminar

Annapolis Maryland October 9, 2010



Learn how to take the Dream out of the Dream from choosing the right boat to sailing away together in harmony.

DISCUSS:

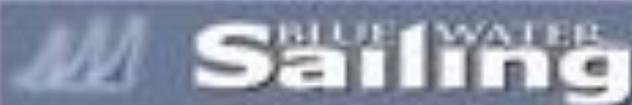
Team Jeff & Joan
Lisa Copeland
Lee Chesneau
And others

\$250/couple
727-644-7496

www.TheCruisingLife.com

- 8:00 Sign in and Continental Breakfast
- 9:00 **Together planning your dream** - Create your own guide to the cruising life
- 10:00 **Boat & equipment choices** - What makes a boat easy for just the two of you?
- 11:00 **Developing the partnership beyond talk and Mac** - Teamwork, dividing the management of the boat and ownership duties
- 12:00 **Brunch for Lunch**
- 1:30 **"The Fear Factor"** let's talk about our fears. - Emergencies at sea, sailing at night, open water passages and bad weather.
- 3:00 **Voyage planning & Weather routing** - Know when to go or maybe change the route for smooth sailing
- 4:30 **The Cruising Lifestyle** - A look at successful couples out cruising. Overloadable Cruising
- 5:30 **Q&A & Discussion, evaluation** - Let us know what you think and how we can improve

Sponsored by the American Sailing Association



\$125 This coupon is valid for \$125 off your next sailing vacation with Sunsail



To Redeem Your Sunsail Vacation:

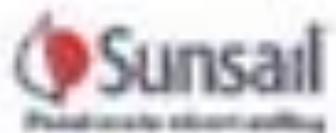
1. Use this coupon and your code when you book the sailing of the vacation on the web or by calling our booking service for the vacation.

2. Enjoy your Sunsail vacation!

Restrictions:

- 1. This is a non-transferable booking promotion. It applies to bookings with a minimum of 30 days to go.
- 2. Only one coupon can be used per booking.
- 3. Not valid on all Sunsail vacations. It does not apply to bookings made at the time of booking.
- 4. Expires on 10/31/10.
- 5. The availability of this promotion is subject to change. We reserve the right to alter the terms of this offer. Offer ends on availability and does not apply to all destinations.

OFFER CODE:
SUNSAIL125
4-0000-0000000000000000



Let us take you there!



(Above) Bay Breeze Yacht Charters and Sailing School offers learning and cruising amid the beautiful islands and waters of Grand Traverse Bay in stunning Lake Michigan. (Below) Bay Breeze boasts a great staff of instructors whose enthusiasm for sailing is catching.

FEATURED FACILITY • BAY BREEZE SAILING SCHOOL

by Jill Elina

When I imagine paradise, I imagine myself overlooking the ocean from the sand in the Caribbean with geckos playing in the brush alongside me and tourists getting their vacation fix. So did Dave and Kristen Conrad.

The couple was a captain and stewardess on a 90-foot sailing yacht in the Caribbean. They spent winters in the Virgin Islands and thrived on the smell of salt water and sailing the ocean, but Dave's roots on the Great Lakes drew the couple to Michigan for a visit. Much to her dismay, Kristen instantly fell in love with the freshwater lakes, and the Conrads knew the time had come to set anchor. This eventually led to purchasing Bay Breeze Yacht Charters and Sailing School.

Unsalted sailing

Bay Breeze charterers and students set sail on Lake Michigan where they experience some of the best unsalted sailing in the world. With Michigan itself boasting more freshwater coastline than any of the lower forty-eight states, the sailors experience bays more than 600 feet deep, towering sand dunes, deserted islands, long stretches of beaches and miles of pristine coastline dotted with friendly harbor towns and protected anchorages.

Bay Breeze lies on Grand Traverse Bay, a clear blue bay off Lake Michigan in Traverse City, Michigan. The company was founded in 1983 and stands as the largest



and oldest sailing facility in the state. The Bay Breeze fleet is comprised of 21 sailboats ranging in size from 30 to 43 feet with one powerboat available to satisfy the non-sailor. Bay Breeze instructors utilize different boats among the fleet to teach a wide variety of ASA courses available to all those seeking to learn the ways of sailing in the most beautiful waters in the world.

ASA instructors with crazy enthusiasm

Educating future sailors, and those seeking to learn more, is a specialty for Bay Breeze. The Sailing School has twice received ASA's "School of the Year" award, and two Bay Breeze instructors have received "Outstanding Instructor" recognition from ASA. Bay Breeze instructors stand out as people who not only teach the sailing lifestyle, but live it.

continued on following page

FEATURED FACILITY

continued from previous page

Captain Dan Spyhalski, a year-round resident on his sailboat on Lake Michigan, can be seen setting sail as Santa to greet the kids at the Grand Traverse Yacht Club's Kids Christmas Party each December. Regardless of a frightful northern Michigan blizzard or a nice day for a sail, Santa sails in and rows a dinghy ashore to greet children lining the seawall.

A handful of Bay Breeze instructors race the famed "Chicago-Mac" that spans roughly 300 miles and ends on historic Mackinac Island, while other instructors enjoy the pace of slow cruising their own boats around the area. Sailing is a lifestyle for Bay Breeze instructors, and teaching others to sail the Great Lakes is their passion.

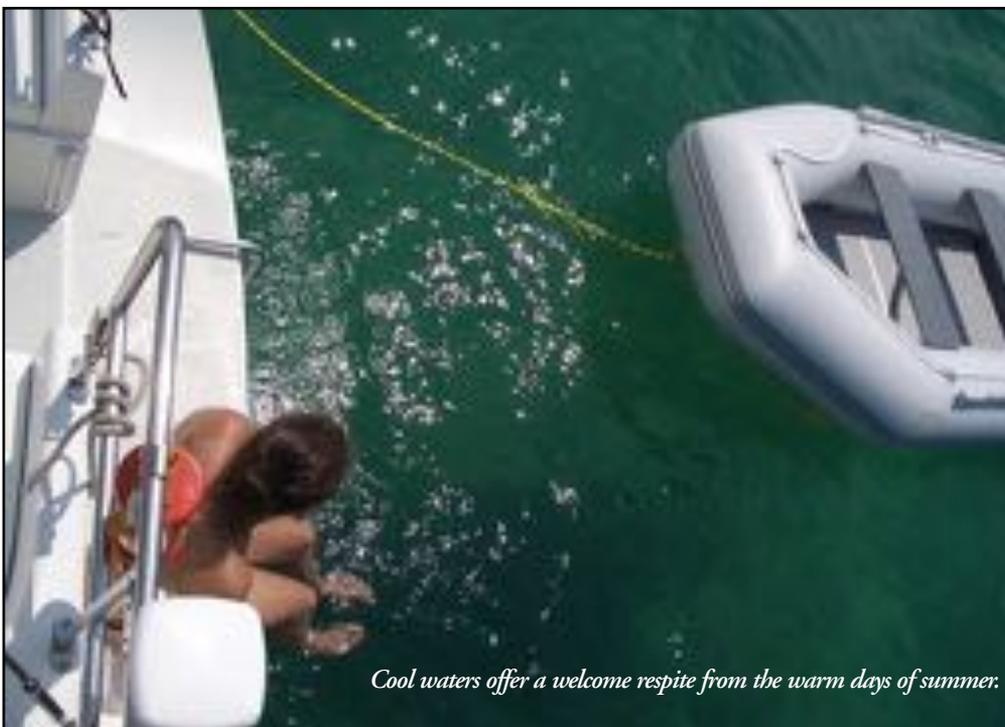
The learning cruise

A unique, popular specialty course is the Bay Breeze Learning Cruise. After successful completion of the 101 and 103 courses students can take the 30-foot boat they trained on for three days of independent cruising. Here students utilize the ASA skills they just learned in a safe environment, without the instructor looking over their shoulder.

Sailing ground for the Learning Cruise is Grand Traverse Bay, which gives the students more than 900 square miles to cruise to quaint, friendly towns or to drop anchor in a pristine, sandy bottom cove in crystal clear waters. Sailing in the bay has the feel of open water, but the peninsulas always offer a protected shoreline not too far away.

Rubbing elbows with the locals

Exploring the towns and villages along the way is a big part of the attraction of sailing this body of freshwater. Generations of fishing families sell local Great Lake Whitefish, salmon and lake trout to area restaurants and markets; vineyards have sprung up across the region offering wine tasting within walking distance from most marinas; and locally owned brew pubs, restaurants and specialty shops align the shorelines. Each harbor town celebrates summer with a themed festival. Take in a Blues Festival, Cherry Festival, Film Festival or Venetian Festival with all the parades, carnivals and fireworks that come along with them, all from a Bay Breeze sailboat.



Cool waters offer a welcome respite from the warm days of summer.



Bay Breeze Yacht Charters & Sailing School boasts a beautiful marina location for students to enjoy.

For more information

To sail the freshwater seas, visit bbyc.com or contact Bay Breeze Yacht Charters & Sailing School at 877-941-0535 or baybreeze@bbyc.com.

If you're looking to take your ASA training to the next level or fly some sail in a new cruising ground, visit Bay Breeze in Northern Michigan for an unsalted sailing adventure. You will find our small, friendly staff will help make your trip unforgettable. When you call the office and reach Kathy or Kristen, or possibly one of the guys, we will set you up with a trip filled with learning, exploration and relaxation. Come alone or bring the family. These cruising grounds will impress everyone.

Advanced ASA Certifications in GREECE & TURKEY

Get your ASA 106 while on vacation!



LEG 1: April 20 - 30, 2011 (Skiathos - Lesbos)

LEG 2: May 3 - 13, 2011 (Lesbos - Kos)

Gain advanced sailing skills and the confidence to enjoy sailing in international locations. Join us on this fascinating and historically rich sailing vacation, as we explore the Aegean Sea, Sporades Islands, and Turkish Coast! Call today to book your cabin.



with OPM Instructor
John Connolly

Cost
\$2375 / berth
\$4275 / cabin

Spain / Morocco
ONLY 2 SPOTS LEFT

LEG 1: October 30 - November 8
(Malorca - Gibraltar, via the Spanish Coast)

Also available - The California Coast, ASA 105 & 106,
October 18 - 24



Modern Sailing School & Club
San Francisco Bay
(800) 995 - 1688 • ModernSailing.com



YACHTING

CENTER OF CORPUS CHRISTI
Peoples Street T-Head

ASA Sailing School

Bay Cruises

Captained Charters

Dinner Cruises

Bareboat Charters

Sunset Cruises

Yacht Brokerage

Hobie Kayak Dealer

US Coast Guard Approved Captains Training

OUPV (6 Pack) & Masters 100T

10% Discount on charters for ASA members

Visit our website or call for additional information.

Peoples St. T-Head Corpus Christi, TX 78401

361-881-8503 www.yachtingcc.com

~ A Serious School for Serious Sailors ~

"The Maryland School of Sailing & Seamanship boasts an impressive staff of offshore-savvy instructors and is notable for its high level of organization and dedication to real ocean sailing." ~ Blue Water Sailing Magazine

At the Maryland School of Sailing and Seamanship we are dedicated to helping people become competent sailors of cruising yachts with the skills to cruise in remote areas away from the immediate support and distractions of modern society. We offer a full range of courses from beginning to ocean passagemaking. To date we've completed over 200 ocean training cruises and are known worldwide for our advanced program. However, like all pursuits, being the best at what you do means being *really* good at the basics. At the Maryland School, our basic level program is as strong as our ocean program, and we take it just as seriously. You won't find a "fast track" here. Our ASA101 and 103 level courses are each four full days in length, our ASA104 training cruise is 5 days in length and our ASA106 level cruises are a full 8 days and cover 350-450 miles. All of our classes are taught aboard rugged Island Packet cruising yachts by highly skilled USCG Licensed Captains. The result? Our students can back up their credentials with excellent onboard skills and are well prepared to move on to advanced cruising.

THE
Maryland School
OF SAILING & SEAMANSHIP

Email: office@mdschool.com • Phone: 410-639-7030 • Fax: 717-235-0908

www.mdschool.com

AMERICAN SAILING ASSOCIATION

P.O. BOX 12079, MARINA DEL REY, CA
90295-3079 TEL: 310/822-7171
WWW.AMERICAN-SAILING.COM

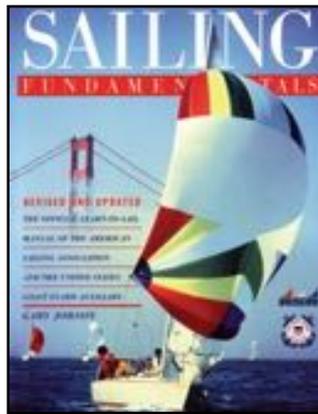
PRESORTED
STANDARD
U.S. POSTAGE
PAID
ANAHEIM, CA
PERMIT NO. 514

INSTRUCTOR TIP

By Captain Roger Philips

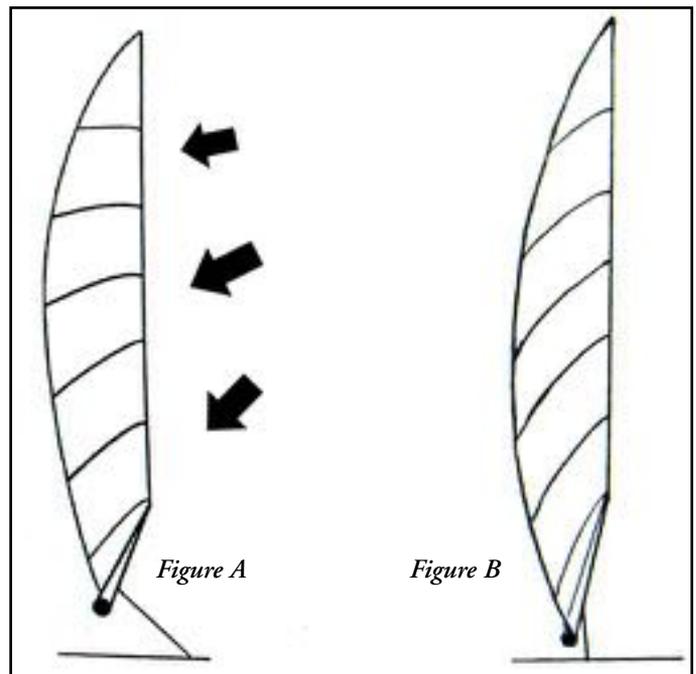
Understanding the Main Traveler

As a sailing instructor, I often get questions about the main traveler. What is that track doing there, and how should I use it? The traveler under the boom adjusts the sheeting angle on the main, and thus the sail's twist. When the main sheet is pulling straight down, it tends to flatten the sail. When it is pulling at a more horizontal angle, the boom has less downward tension on it. The boom can then rise, giving the sail more twist – the upper portion will be further from the boat's centerline than the lower.



Because of surface friction, winds aloft are usually stronger than those near the surface. This “wind shear” results in a slight change in apparent wind direction with height. (Figure A) Take advantage of this in lighter air by using windward traveler, allowing the sail to twist for maximum efficiency from head to foot (Figure A). In heavier weather, though, you become more concerned with over-heeling and excessive weather helm. Too much heel slows the boat, and weather helm can cause rounding up. Flatten the sail by letting the traveler slide to leeward and retrimming the sheet (Figure B). This will depower the main somewhat, reducing both heeling angle and weather helm, which make the boat easier to handle.

The traveler can also be used to center the boom when beating to windward. Pull the traveler slightly to windward



so the boom can be centered, which is most efficient for upwind sailing.

You can find illustrations and further explanations of the use of the main traveler on page 21 of ASA's *Sailing Fundamentals*.

Roger Philips is a USCG licensed captain and ASA Outstanding Sailing Instructor for 2008 and 2009. He teaches for SailTime and the Newport Beach Sailing School, and leads ASA flotillas each summer in the San Juan and Canadian Gulf Islands.

